Do You Have Any Idea What Germs Could be on Your Hands?

- **Bacteroides**
  - If you don’t wash after using the toilet, we can give you an ear infection

- **E-Coli**
  - (caused by bacteria)
  - I can be spread by not washing your hands after using the toilet

- **Shigella**
  - I cause Diarrhea

- **Staphylococcus**
  - Would you like a big zit or a boil?

- **Streptococci**
  - I’m delighted to give you a sore throat

- **Streptococcus Pneumoniae**
  - Among other things, I love to give you Pneumonia

- **Hepatitis A**
  - I can cause jaundice and diarrhea

- **Pseudomonas**
  - I can infect wounds

- **Haemophilus**
  - I can cause pinkeye (highly contagious)

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The 4 Principles of Hand Awareness have been endorsed by the AMA & AAFP
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