

Thank You
for washing your hands
upon entering our facility!

Henry the Hand's **4** Principles
of Hand Awareness:

1. **WASH** your hands when they are dirty and **BEFORE** eating.
2. **DO NOT** cough into your hands.
3. **DO NOT** sneeze into your hands.
4. Above all, **DO NOT** put your fingers in your eyes, nose or mouth!

www.henrythehand.com



Dr. William P. Sawyer ®

The 4 Principles of Hand Awareness have been endorsed by the AMA & AAFP