

National Handwashing Awareness Week

December 7-13, 2014



Please share our web site www.henrythehand.org with ALL your family, friends, classmates and coworkers to help them stay healthier one handwash at a time. Share with them how practicing the 4 Principles of Hand Awareness will help them to remain healthy, in spite of the flu or Ebola Virus scares.

It is the BEST way to prevent epidemics or pandemics!

Following the 4 Principles of Hand Awareness you will be in virtual isolation regardless of the people around you. Direct contamination (inoculation) of your facial mucus membranes (eyes, nose or mouth) is how infectious disease enters your body. You do not catch these infections from them wafting through the ventilation system in the building.

Let's work together to minimize the fear factor of seasonal infectious disease and pandemics.

Only you are responsible for giving yourself the flu, flu-like illness or many other viruses!

Thank you for helping to "spread the word not the germs"!

National Handwashing Awareness Week is the first full week of December each year.

Henry The Hand