# School Prevention School Partnership

by Dr. Will Sawyer and the Henry the Hand® Foundation

### **Purpose:**

- Reduce absenteeism due to illness.
- Create life long practitioners of the 4
   Principles of Hand Awareness who will work in health care, food service, public health and other careers where it is critical to be more "Hand Aware"
- Train the school community to be more "Hand Aware" in order to prevent the spread of respiratory and gastro-intestinal diseases during the school year.
- Teach the school community about "Do not touch the T Zone" (eyes, nose and mouth), the only portal of entry for ALL respiratory and gastro-intestinal disease.

"This Partnership has been designed to mitigate the impact of infections that annually threaten the health of your school community by providing the necessary Infection Prevention Tools in the Tool Kit and consultative support to follow through.

There are many innovative strategies and educational techniques that have been integrated into this science based Infection Prevention School Partnership. For example, Diffusion of Innovation, Positive Deviance, Social Marketing, Humor, Animation and the Johns Hopkins Partnership 2000 Model for Successful Schools.

We know a healthy student is a better learner."

Will Sawyer, MD

International Infection Prevention expert

Spread the word not the germs!™

To get started in the Partnership, visit Henry's Store at http://www.henrythehand.com.

Or, if you would like more information, please call (513) 769-HAND (4263) to speak with an Infection Prevention Advocate.

### Who.

- The Infection Prevention School Partnership is a comprehensive program with consultative support between the Henry the Hand® Foundation and the school to ensure the best outcome. The Henry the Hand® Foundation is committed to decrease the spread of infectious diseases by educating and empowering individuals to protect themselves, their facility and communities by integrating the 4 Principles of Hand Awareness into their personal behavior. For more than 10 years, Dr. Will Sawyer and his team have been promoting true primary infection prevention techniques and strategies that are proven to reduce the spread of respiratory and gastro-intestinal diseases.
- By working together, we can make a difference!
- This Partnership provides the curriculum guide, tools and coaching necessary to make it simple for anyone to teach the Hand Awareness program.
- This Partnership is self explanatory and is based upon the 4 Principles of Hand Awareness, which were endorsed by the AMA and the AAFP in 2001.
- The school will need to identify a "Champion" to oversee the implementation of the Partnership throughout the school or district.

### Program can be demonstrated by:

**School Nurse** 

**Teacher** 

Teacher's Aide

**Educational Assistant** 

Wellness Committee Member

**Parent** 

College Student

**High School Student** 

Middle School Student

Health Care professional

**Other Community Members** 

### What:

This science based multi-media and multi-sensory behavior modification program will benefit the health of every student and staff in the school.

This is not just a hand washing program. It is about Hand Awareness, which is defined as hand hygiene, respiratory etiquette, and cross contamination awareness.

When a school has completed one full year with the Partnership, they will be eligible to be Certified as an Infection Prevention School.

### Criteria for the certification include:

- Classroom presentation and demonstrations be done during scheduled weeks 3 times a year
- Maintenance of posting reinforcement tools (posters and static clings) throughout the school
- Competition in and between classrooms promoted at least 3 times per year
- Information sent home and shared with the families of the students
- If certified, agreement to be listed as a Certified Infection Prevention School in the media or our communications
- Presentations to parents, faculty and staff

A certified school will be able to promote to the community that they are taking the necessary steps to protect the learning environment of their school.



# **Infection Prevention Tool Kit for School Partners**

This kit provides the tools needed to teach and start reinforcing the Hand Awareness program in a school of approximately 500 students.



The Infection Prevention Tool Kit utilizes
Henry the Hand® as the change agent which
makes teaching Hand Awareness (hand hygiene,
respiratory etiquette and cross contamination)
simple, fun and memorable.

Another attribute is its simplicity. A curriculum guide is included so **anyone can present** and demonstrate the Program.

The teaching demonstrations are completed within 15 to 30 minutes.

# The Infection Prevention School Partnership includes:

- Tool Kit with contents shown above
- 2 Refill Kits
- Monthly eNews emailed to the Champion
- Consulting Support

### **Contents:**

- 2000 (2.5") Champion Handwasher stickers
- 500 water soluble Tattoos
- 10 Handwashing Guide Static Cling Sink Reminders
- School Visit DVD (3.5 minute action packed teaching tool video)
- CD of Songs (Doin' the Handwash and Henry the Hand® Theme Song)
- Germ Potion (two 8 oz bottles)
- LED black light
- Respiratory Etiquette Atomizer (spray bottle)
- Henry the Hand Puppet
- Nail Brush
- Henry the Hand Foaming Soap (one 8 oz bottle)
- Activity Book
- 4 posters (Do Not Touch the T-Zone, 4 Principles, Germs on Your Hands and Handwashing Guide)
- Classroom Handwashing Chart
- School Year Infection Prevention Calendar
- Curriculum Guide to help you use these tools to most effectively teach and reinforce the Hand Awareness Program
- A letter to parents is included in the Tool Kit so they will be aware of the Infection Prevention Partnership and take part in reinforcing the 4 Principles of Hand Awareness at home.
- Any of the above printed items can be duplicated and distributed throughout the school for this Partnership.

### Remember:

a presentation, without demonstration, is merely a conversation

## Repetition is the key to achieving effective behavior change

The **Infection Prevention Calendar** included highlights what should be done throughout the school year.

This program should be taught 3 or more times each school year.

- September "Back to School" during International Clean Hands Week to initiate proper hand awareness behavior for the school year
- **December** National Handwashing Awareness Week before the holidays to remind everyone of handwashing hygiene
- March Patient Safety Awareness Week in the spring (team up with a hospital or health system)
- The **Infection Prevention Calendar** will include simple reinforcement activities to be done in the remaining months.

The **Classroom Handwashing Chart** serves as a continual reinforcement tool and friendly competition instrument both in and between classrooms.

The **posters** and **mirror static clings** should be placed throughout the school for continual reinforcement.

### **Refill Kits**

To help ensure success of the program, reinforcement tools are automatically shipped to the school to limit the need to re-order.

- The school will receive 2 refill kits:
  - **November** for the December National Handwashing Awareness Week campaign
  - February for the March Patient Safety Awareness Week campaign
- Items in the **Refill Kits** include stickers, tattoos, germ potion and posters to replace those items that will be needed for Infection Prevention Program to succeed in the School.
- They will also include new ideas and activities for the December and March campaigns.

### **Monthly Infection Prevention Partnership eNews**

These emails will be sent to the Champion to help remind and coach them as they oversee the program implementation.

- Discuss the upcoming teaching or reinforcement strategies and techniques.
- Highlight tips from schools that are implementing the Infection Prevention Program.

### **Consulting support**

Joining in this partnership includes access by phone or email with the Henry the Hand® Foundation's Infection Prevention Advocates. This will help ensure success for the school to maintain a healthier learning environment through infection prevention techniques for the facility.

### **Conclusion**

This Infection Prevention School Partnership is the most effective program on the market to maintain a healthier learning environment for students and staff. The value for this Partnership to the school community is worth tens of thousands of dollars. It is available for only \$695 plus shipping and handling.

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